

You can protect yourself and family.

Wash your hands with soap and water for 20 seconds to kill the bugs.



Or use hand sanitiser.

Keep a safe social distance of 1.5 metres and NO touching.



Dispose of DIRTY tissues and paper towels in a bin.



Cover coughs and sneezes with a tissue or use your elbow.



Stay at home if you or your family are sick.



STOP THE SPREAD

